

Menus

School: Virginia Elementary School

Academic Year: 2022-23

Meal: All

Month: September 2022

September				
M	Tu	W	Th	F
29 Breakfast: Cinnamon Toast Crunch/Lucky Charms Pineapple 100% Juice Milk Lunch: Turkey & Cheese Sub Chips Carrots & Ranch Applesauce Milk	30 Breakfast: Waffle/Syrup Pears 100% Juice Milk Lunch: Ravioli Garlic Bread Peas Pears Milk	31 Breakfast: Cinnamon Roll Mandarin Oranges 100% Juice Milk Lunch: Hamburger/Bun Potato Smiles Green Beans Mandarin Oranges Milk	1 Breakfast: Sausage & Cheese Biscuit Peaches 100% Juice Milk Lunch: Sloppy Joe/Bun Chips Corn Peaches Milk	2 Breakfast: Fruit Loops/Cocoa Puffs Applesauce 100% Juice Milk Lunch: Bosco Stick Marinara Sauce Salad Applesauce Pudding Milk
5	6 Breakfast: Cinnamon Toast Crunch/ Cocoa Puffs Peaches 100% Juice Milk Lunch: Hot Dog/Bun Pretzels Baked Beans Peaches Milk	7 Breakfast: Breakfast Pizza Bagel Mixed Fruit 100% Juice Milk Lunch: Chicken Patty/Bun French Fries Green Beans Mixed Fruit Milk	8 Breakfast: Pancake/Syrup Mandarin Oranges 100% Juice Milk Lunch: Chef Salad(Lettuce, Cheese, Meat, Tomatoes, Cucumbers & Carrots) Bread stick Grapes Milk	9 Breakfast: Cereal Bar/ Pop Tart Yogurt Applesauce 100% Juice Milk Lunch: Cheese Pizza Salad Apple Slices Animal Crackers Milk
12 Breakfast: Banana Bread Pears 100% Juice Milk Lunch: Fish Sticks Potato Wedges Green Beans Pears Milk	13 Breakfast: Biscuits & Gravy Mandarin Oranges 100% Juice Milk Lunch: Pancake on a Stick/Syrup Tater Tots Yogurt Cinnamon Apples Milk	14 Breakfast: Fruit Loops/ Lucky Charms Pineapple 100% Juice Milk Lunch: Chicken Fajitas Tortilla Chips/Cheese Corn Pineapple Milk	15 Breakfast: Waffle/Syrup Mixed Fruit 100% Juice Milk Lunch: Bosco Stick Marinara Sauce Carrots/Ranch Mixed Fruit Ice Cream Milk	16 Breakfast: Cocoa Puffs/Cinnamon Toast Crunch Peaches 100% Juice Milk Lunch: No Lunch Out @ 11:20
19 Breakfast: Lucky Charms/Cocoa Puffs Pears 100% Juice Milk Lunch: Spaghetti Garlic Bread Mixed Vegetables Pears Milk	20 Breakfast: Breakfast Calzone Peaches 100% Juice Milk Lunch: Hot Ham & Cheese/Bun Chips Carrots Peaches Milk	21 Breakfast: French Toast/Syrup Mandarin Oranges 100% Juice Milk Lunch: Pulled Pork/Bun Chips Peas Mandarin Oranges Milk	22 Breakfast: Cinnamon Roll Yogurt 100% Juice Milk Lunch: Cheeseburger Macaroni Roll Green Beans Pineapple Milk	23 Breakfast: Cinnamon Toast Crunch/Fruit Loops Applesauce 100% Juice Milk Lunch: Pepperoni Pizza Bread Corn Applesauce Milk
26 Breakfast: Cinnamon Strudel Peaches 100% Juice Milk Lunch: Chicken Nuggets Mashed Potatoes/Gravy Green Beans Peaches Milk	27 Breakfast: Scrambled Eggs/Toast Mixed Fruit 100% Juice Milk Lunch: Tacos(Meat & Cheese) Spanish Rice Corn Mixed Fruit Milk	28 Breakfast: Pancake/Syrup Pears 100% Juice Milk Lunch: Chicken Alfredo Garlic Bread Peas Pears Milk	29 Breakfast: Lucky Charms/Fruit Loops Pineapple 100% Juice Milk Lunch: Turkey & Cheese Sub Pretzels Carrots/Ranch Pineapple Milk	30 Breakfast: Bagel/Cream Cheese String Cheese 100% Juice Milk Lunch: Bosco Stick Marinara Sauce Salad Applesauce Rice Krispy Milk