

# Menus

School: Virginia Senior High School

Academic Year: 2024-25

Meal: All

Month: September 2024

September				
M	Tu	W	Th	F
<p>2</p>	<p>3</p> <p><b>Breakfast:</b> Cereal Peaches 100% Apple Juice Milk</p> <p><b>Lunch:</b> Country Fried Steak Mashed Potatoes/Gravy Peas Pears or Pineapple Milk</p> <p>A la Carte- Chicken Nuggets</p>	<p>4</p> <p><b>Breakfast:</b> French Toast/Syrup Mixed Fruit 100% Apple Juice Milk</p> <p><b>Lunch:</b> Corn Dog Tater Tots Baked Beans Mixed Fruit or Mandarin Oranges Milk</p> <p>A la Carte- Grilled Cheese</p>	<p>5</p> <p><b>Breakfast:</b> Cinnamon Roll Pineapple 100% Apple Juice Milk</p> <p><b>Lunch:</b> Orange Chicken Vegetable Rice or Corn Fortune Cookie Mandarin Oranges or Pears Milk</p> <p>A la Carte- Hamburger</p>	<p>6</p> <p><b>Breakfast:</b> Cereal Bar Applesauce 100% Apple Juice Milk</p> <p><b>Lunch:</b> Turkey Sub Chips Carrots/Ranch Applesauce or Mixed Fruit Milk</p> <p>Option #2 Salad Bar</p>
<p>9</p> <p><b>Breakfast:</b> Pancakes/Syrup Mandarin Oranges 100% Apple Juice Milk</p> <p><b>Lunch:</b> Chicken Drumstick Mashed Potatoes/Gravy Green Beans WG Roll Pineapple or Mandarin Oranges Milk</p> <p>A la Carte-Pizza</p>	<p>10</p> <p><b>Breakfast:</b> Pop Tart Yogurt Peaches 100% Apple Juice Milk</p> <p><b>Lunch:</b> Hot Ham &amp; Cheese on WG Bun Sun Chips Carrots or Peas Pears or Applesauce Milk</p> <p>A la Carte-Hot Dog</p>	<p>11</p> <p><b>Breakfast:</b> Blueberry Bread String Cheese Mixed Fruit 100% Apple Juice Milk</p> <p><b>Lunch:</b> Pancake &amp; Sausage on Stick Tater Tots Yogurt Hot Apples or Mixed Fruit Milk</p> <p>A la Carte-Italian Panini</p>	<p>12</p> <p><b>Breakfast:</b> Sausage Gravy on Biscuit Pineapple 100% Apple Juice Milk</p> <p><b>Lunch:</b> Tacos(Meat &amp; Cheese) Corn or Refried Beans Spanish Rice Mandarin Oranges or Pineapple Milk</p> <p>A la Carte- Chicken Patty</p>	<p>13</p> <p><b>Breakfast:</b> Cereal Applesauce 100% Apple Juice Milk</p> <p><b>Lunch:</b> No Lunch Out @ 11:20</p>
<p>16</p> <p><b>Breakfast:</b> Breakfast Pizza Bagel Mandarin Oranges 100% Apple Juice Milk</p> <p><b>Lunch:</b> Salisbury Steak Mashed Potatoes/Gravy Green Beans Pineapple or Mixed Fruit Milk</p> <p>A la Carte-Hot Ham &amp; Cheese</p>	<p>17</p> <p><b>Breakfast:</b> Pancake/Syrup Peaches 100% Apple Juice Milk</p> <p><b>Lunch:</b> Meatball Sub Chips Carrots or Peas Pears or Applesauce Milk</p> <p>A la Carte- Calzone</p>	<p>18</p> <p><b>Breakfast:</b> Sausage &amp; Cheese Biscuit Mixed Fruit 100% Apple Juice Milk</p> <p><b>Lunch:</b> Tenderloin Potato Wedges Baked Beans Mixed Fruit or Mandarin Oranges Milk</p> <p>A la Carte- Chicken Wrap</p>	<p>19</p> <p><b>Breakfast:</b> Cereal Pineapple 100% Apple Juice Milk</p> <p><b>Lunch:</b> Pulled Pork Nachos Black Beans Corn Mandarin Oranges or Pears Milk</p> <p>A la Carte- Corn Dog</p>	<p>20</p> <p><b>Breakfast:</b> Strawberry Bagel Applesauce 100% Apple Juice Milk</p> <p><b>Lunch:</b> Pepperoni Pizza Salad or Corn Applesauce or Pineapple Cookie Milk</p> <p>Option #2 Salad Bar</p>
<p>23</p> <p><b>Breakfast:</b> Waffle/Syrup Mandarin Oranges 100% Apple Juice Milk</p> <p><b>Lunch:</b> Spaghetti Breadstick Peas or Mixed Vegetables Pineapple or Applesauce Milk</p> <p>A la Carte- Chicken, Bacon &amp; Cheese Sandwich</p>	<p>24</p> <p><b>Breakfast:</b> Bagel/Cream Cheese Yogurt Peaches 100% Apple Juice Milk</p> <p><b>Lunch:</b> Sloppy Joe/WG Bun Chips Corn or Carrots Pears or Mandarin Oranges Milk</p> <p>A la Carte- Chicken Strips</p>	<p>25</p> <p><b>Breakfast:</b> Cereal Mixed Fruit 100% Apple Juice Milk</p> <p><b>Lunch:</b> Hot Dog/WG Bun Chips Baked Beans or Carrots Mixed Fruit or Pears Milk</p> <p>A la Carte- Turkey/ Bacon Panini</p>	<p>26</p> <p><b>Breakfast:</b> Scrambled Eggs/Toast Pineapple 100% Apple Juice Milk</p> <p><b>Lunch:</b> Tater Tot Casserole WG Roll Green Beans or Corn Mandarin Oranges or Pineapple Milk</p> <p>A la Carte- Hamburger</p>	<p>27</p>
<p>30</p> <p><b>Breakfast:</b> Cereal Mandarin Oranges 100% Apple Juice Milk</p> <p><b>Lunch:</b> Chicken Nuggets Mashed Potatoes/Gravy Corn Pineapple or Applesauce Milk</p> <p>A la Carte- Tenderloin</p>	<p>1</p> <p><b>Breakfast:</b> Cinnamon Toast Crunch French Toast Syrup Peaches 100% Apple Juice Milk</p> <p><b>Lunch:</b> Chili Peas Grilled Cheese Crackers Pears or Mandarin Oranges Milk</p> <p>A la Carte- Italian Panini</p>	<p>2</p> <p><b>Breakfast:</b> Cherry Strudel Mixed Fruit 100% Apple Juice Milk</p> <p><b>Lunch:</b> Chicken Patty/WG Bun Baked Beans or Corn Potato Wedges Mixed Fruit or Pears Milk</p> <p>A la Carte- Hot Dog</p>	<p>3</p> <p><b>Breakfast:</b> Breakfast Pizza Pineapple 100% Apple Juice Milk</p> <p><b>Lunch:</b> Chicken Strip Ponyshoe Green Beans or Peas Mandarin Oranges or Pineapple Milk</p> <p>A la Carte- Ham &amp; Cheese Sandwich</p>	<p>4</p> <p><b>Breakfast:</b> Cinnamon Muffin String Cheese Applesauce 100% Apple Juice Milk</p> <p><b>Lunch:</b> Hamburger/WG Bun Potato Smiles Carrots or Corn Applesauce or Mixed Fruit Milk</p> <p>Option # 2- Salad Bar</p>