

**NATIONAL DATING ABUSE
HELPLINE:**

**24/7 SUPPORT FOR TEENS,
YOUNG ADULTS AND THEIR
CONCERNED FRIENDS AND
FAMILY MEMBERS WHO HAVE
QUESTIONS OR CONCERNS
ABOUT THEIR DATING
RELATIONSHIPS
CALL 1-866-331-9474**

TEXT "LOVEIS" TO 22522

CHAT: LOVEISRESPECT.ORG



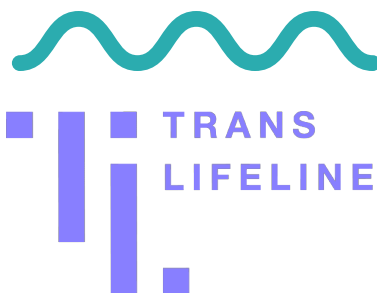
**Crisis intervention and suicide prevention
(available 24/7/365)
Call 1-866-488-7386**

Chat

**Confidential online instant messaging
with a Trevor counselor
<https://www.thetrevorproject.org/get-help/>**

Text

**Confidential text messaging
Text "START" to 678-678**



**A 24/7 crisis support
hotline available in the
U.S. and Canada staffed
by transgender people
for transgender people.
Call 1-877-565-8860**

MENTAL HEALTH SUPPORT RESOURCES IN CENTRAL ILLINOIS

Provided by:

CASS COUNTY HEALTH CLINIC



Our Family. Caring for Yours.

RAINN

**RAPE, ABUSE, INCEST NATIONAL
NETWORK (RAINN)
24/7 SUPPORT FOR SEXUAL
ASSAULT SURVIVORS BY PHONE
OR ONLINE THROUGH
THE NATIONAL SEXUAL ASSAULT
HOTLINE
CALL 1-800-656-HOPE (4673)
RAINN.ORG**



AVAILABLE 24/7

CALL 988

OR GO TO:

[HTTPS://988LIFELINE.ORG/CHAT](https://988lifeline.org/chat)



Addressing:

- Abuse
- Bullying
- Depression
- Self-harm
- Suicidal thoughts
- Anxiety
- Stress
- Coping Skills

**AVAILABLE 24/7
CALL
1-844-4-SAFE-IL
(1-844-472-3345)
OR
TEXT SAFE2
(72332)**



National Child Abuse Hotline
24/7 confidential crisis counseling for
crisis intervention, information,
literature and referrals to
emergency, social service and
support resources

**Call: 1-800-4ACHILD
(1-800-422-4453)
childhelp.org/hotline**



**WHEN CHILDREN OR ADOLESCENTS
WHO RECEIVE THE HFS**

**MEDICAL PROGRAM (MEDICAL CARD) ARE
EXPERIENCING A MENTAL HEALTH CRISIS:**

**SUICIDAL, HOMICIDAL, AGGRESSION,
PARANOIA, DELUSIONS, PSYCHOSIS, ETC.**



**ILLINOIS CARES LINE FOR SASS
(SCREENING ASSESSMENT
AND SUPPORT SERVICES)
1-800-345-9049**



**Text HOME to 741741
to connect.**
**Free 24/7 support
at your fingertips.**



**24/7 anonymous, free crisis
line for anyone who might
want to run away from home,
is on the run and wants to
come home, or is homeless**

**Call: 1-800-RUNAWAY
(1-800-786-2929)
1800runaway.org**