

# Menus

School: Virginia Elementary School

Academic Year: 2022-23

Meal: All

Month: February 2023

| February  |   |  |  |   |
|---|---|--|--|---|
| M   | Tu  | W  | Th   | F   |
| 30<br><b>Breakfast:</b><br>Cinnamon Strudel<br>Peaches<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Hot Dog/Bun<br>Pretzels<br>Baked Beans<br>Peaches<br>Milk            | 31<br><b>Breakfast:</b><br>Scrambled Eggs/Toast<br>Mixed Fruit<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chicken Nuggets<br>Mashed Potatoes<br>Green Beans<br>Mixed Fruit<br>Milk               | 1<br><b>Breakfast:</b><br>French Toast/Syrup<br>Pears<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Pulled Pork/Bun<br>Chips<br>Peas<br>Pears<br>Milk                        | 2<br><b>Breakfast:</b><br>Lucky Charms/Fruit Loops<br>Pineapple<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Tacos(Meat &Cheese)<br>Corn<br>Cheese & Chips<br>Pineapple<br>Milk         | 3<br><b>Breakfast:</b><br>Pop Tart/Cereal Bar<br>Yogurt<br>Applesauce<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>No Lunch<br>Out @ 11:20   |
| 6<br><b>Breakfast:</b><br>Pancakes/Syrup<br>Pears<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Fish Sticks<br>Macaroni & Cheese<br>Peas<br>Pears<br>Milk                 | 7<br><b>Breakfast:</b><br>Biscuits & Gravy<br>Mandarin Oranges<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Au gratin Potatoes with Ham<br>Roll<br>Green Beans<br>Mandarin Oranges<br>Milk         | 8<br><b>Breakfast:</b><br>Fruit Loops/ Lucky Charms<br>Pineapple<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Hamburger/Bun<br>French Fries<br>Carrots<br>Pineapple<br>Milk | 9<br><b>Breakfast:</b><br>Chocolate Chip Muffin<br>Yogurt<br>Peaches<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Sausage & Gravy on Biscuit<br>Tater Tots<br>Yogurt<br>Peaches<br>Milk | 10<br><b>Breakfast:</b><br>Cocoa Puffs/Cinnamon Toast<br>Crunch<br>Applesauce<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Bosco Stick<br>Marinara Sauce<br>Corn<br>Applesauce<br>Treat<br>Milk                        |
| 13<br><b>Breakfast:</b><br>Lucky Charms/Cocoa Puffs<br>Pears<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chicken Patty/Bun<br>Fries<br>Baked Beans<br>Pears<br>Milk     | 14<br><b>Breakfast:</b><br>Breakfast Calzone<br>Peaches<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Spaghetti<br>Garlic Bread<br>Green Beans<br>Strawberry Applesauce<br>Valentine Cookie<br>Milk | 15<br><b>Breakfast:</b><br>French Toast/Syrup<br>Mandarin Oranges<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Pepperoni Pizza<br>Carrots<br>Mandarin Oranges<br>Milk       | 16<br><b>Breakfast:</b><br>Sausage & Cheese Biscuit<br>Mixed Fruit<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chicken Quesadilla<br>Chips/Cheese<br>Corn<br>Mixed Fruit<br>Milk       | 17<br><b>Breakfast:</b><br>Cinnamon Toast Crunch/Fruit<br>Loops<br>Pineapple<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>(K-5)Turkey Subs<br>(JH/HS) Subway Sandwiches<br>Chips<br>Carrots/Ranch<br>Pineapple<br>Milk |
| 20  | 21<br><b>Breakfast:</b><br>Fruit Loops/ Lucky Charms<br>Mandarin Oranges<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chicken Alfredo<br>Garlic Bread<br>Peas<br>Mandarin Oranges<br>Milk          | 22<br><b>Breakfast:</b><br>Waffle/Syrup<br>Pineapple<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Sloppy Joe/Bun<br>Chips<br>Green Beans<br>Pineapple<br>Milk               | 23<br><b>Breakfast:</b><br>Bagel/Cream Cheese<br>Mixed Fruit<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Vegetable Soup<br>Biscuit<br>Yogurt<br>Mixed Fruit<br>Milk                    | 24<br><b>Breakfast:</b><br>Cocoa Puffs/Cinnamon Toast<br>Crunch<br>Peaches<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Bosco Stick<br>Marinara Sauce<br>Corn<br>Peaches<br>Treat<br>Milk                              |
| 27<br><b>Breakfast:</b><br>Fruit Loops/Lucky Charms<br>Mandarin Oranges<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chili<br>Grilled Cheese<br>Mandarin Oranges<br>Milk | 28<br><b>Breakfast:</b><br>Pancakes/Syrup<br>Mixed Fruit<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Tenderloin/Bun<br>Fries<br>Green Beans<br>Mixed Fruit<br>Milk                                | 1<br><b>Breakfast:</b><br>Cinnamon Roll<br>Pineapple<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Pulled Pork/Bun<br>Chips<br>Peas<br>Pineapple<br>Milk                     | 2<br><b>Breakfast:</b><br>Scrambled Eggs/Toast<br>Pears<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Chicken Fajita<br>Corn<br>Spanish Rice<br>Pears<br>Milk                            | 3<br><b>Breakfast:</b><br>Pop Tart/ Cereal Bar<br>Yogurt<br>Applesauce<br>100% Juice<br>Milk<br><br><b>Lunch:</b><br>Cheese Pizza<br>Marinara Sauce<br>Carrots/Ranch<br>Applesauce<br>Milk                              |