

Menus

School: Virginia Elementary School

Meal: All

Month: October 2025

Academic Year: 2025-26

October				
M	Tu	W	Th	F
29 Breakfast: Breakfast Burrito Fresh Fruit 100% Apple Juice Milk Lunch: Italian Sub Pasta Salad Carrots Apricots Milk	30 Breakfast: Apple Strudel Apple Slices 100% Apple Juice Milk OR Yogurt Bar Lunch: BBQ Pulled Pork Baked Beans Cole Slaw Pineapple Milk	1 Breakfast: Pumpkin Bread Cheese Stick Pears 100% Apple Juice Milk Lunch: Redbird Bowl (popcorn chicken, mashed potatoes, gravy corn) Biscuit Pears Milk	2 Breakfast: Donut Holes Apple Slices 100% Apple Juice Milk OR Yogurt Bar Lunch: Orange Chicken Fried Rice Carrots Apple Slices Fortune Cookie Milk	3 Breakfast: Breakfast Pizza Mixed Fruit 100% Apple Juice Milk Lunch: Bosco Sticks Salad Corn Mixed Fruit Milk
6 Breakfast: Cook's Choice Pineapple 100% Apple Juice Milk Lunch: Philly Cheese Steak Fries Green Beans Pineapple Milk	7 Breakfast: Biscuits and Gravy Mixed Fruit 100% Apple Juice Milk OR Yogurt Bar Lunch: Hot Ham and Cheese Chips Peas Fruit Cup Milk	8 Breakfast: Chocolate Chip French Toast Yogurt Oranges 100 Apple Juice Milk Lunch: BBQ Pork Nacho's Mix Vegetables Oranges Milk	9 Breakfast: Cereal Bar String Cheese Applesauce 100% Apple Juice Milk OR Yogurt Bar Lunch: Chicken and Noodles Mashed Potatoes and Gravy Corn Applesauce Milk	10 Breakfast: Cereal Yogurt Peaches 100% Apple Juice Milk Lunch: Pizza Carrots Peaches Milk
13 Breakfast: Cinnamon Roll Craisins Strawberries 100% Apple Juice Milk OR Yogurt Bar Lunch: BBQ Pulled Chicken Sandwich Potato Salad Baked Beans Apples Milk	14 Breakfast: Cinnamon Roll Craisins Strawberries 100% Apple Juice Milk OR Yogurt Bar Lunch: BBQ Pulled Chicken Sandwich Potato Salad Baked Beans Apples Milk	15 Breakfast: Waffle/Syrup Applesauce 100% Apple Juice Milk Lunch: Hamburger on Bun Potato Wedges Candied Carrots Pears Milk	16 Breakfast: Pop-tart Pineapple 100% Apple Juice OR Yogurt Bar Lunch: Lasagna Garlic Bread Cottage Cheese Pineapple Milk	17 Breakfast: Scrambled Eggs/Bacon/Toast Peaches 100% Apple Juice Milk Lunch: Turkey Sub Potato Smiles Peaches Milk
20 Breakfast: Baked Oatmeal Yogurt 100% Grape Juice Milk Lunch: Hamburger Macaroni Peas Mixed Fruit Milk	21 Breakfast: French Toast Sticks Pineapple 100% Grape Juice Milk OR Yogurt Bar Lunch: Tenderloin Hashbrowns Green Beans Oranges Milk	22 Breakfast: Sausage/Cheese Biscuit Pears 100% Grape Juice Milk Lunch: Chicken Patty Tator Tots Cauliflower W/Cheese Blueberries Milk	23 Breakfast: Cereal String Cheese Applesauce 100% Grape Juice Milk OR Yogurt Bar Lunch: Popcorn Shrimp Waffle Fries Mac N Cheese Applesauce Milk	24 Breakfast: Cereal String Cheese Applesauce 100% Grape Juice Milk OR Yogurt Bar Lunch: Popcorn Shrimp Waffle Fries Mac N Cheese Applesauce Milk
27 Breakfast: Breakfast Pizza Bagel Peaches 100% Apple Juice Milk Lunch: Maidrites Chips Corn Strawberries Milk	28 Breakfast: Mini Donuts Oranges 100% Apple Juice Milk OR Yogurt Bar Lunch: Chicken Nuggets Mashed Potatoes Gravy Roll Green Beans Oranges Milk	29 Breakfast: Blueberry Bread Yogurt Pineapple 100% Apple Juice Milk Lunch: Walking Taco's (meat & Cheese) Refried Beans Corn Applesauce Milk	30 Breakfast: Pancakes/Bacon Peaches 100% Apple Juice Milk OR Yogurt Lunch: Chili Grilled Cheese Crackers Peaches Milk	31 Breakfast: Cereal String Cheese Grapes 100 Apple Juice Milk Lunch: Mummy Fingers (mini Corn Dogs) Pretzels Frog Warts (peas) Eyeballs (grapes) Spooky Treat Milk