

# Menus

School: Virginia Elementary School

Academic Year: 2023-24

Meal: All

Month: November 2023

November				
M	Tu	W	Th	F
30 <b>Breakfast:</b> Sausage & Cheese Biscuit 100% Juice Pears Milk  <b>Lunch:</b> Hot Ham & Cheese on Pretzel Bun Chips Peas Pears Milk  HS-Option #2 Salad Bar	31 <b>Breakfast:</b> Cinnamon Strudel Muffin Yogurt 100% Juice Applesauce Milk  <b>Lunch:</b> Halloween Mummy Dogs Creepy Carrots Broomsticks(Pretzels) Candy Corn Fruit Cups Milk	1 <b>Breakfast:</b> Cinnamon Roll 100% Juice Mixed Fruit Milk  <b>Lunch:</b> Chili Grilled Cheese Oyster Crackers Mixed Fruit Milk	2 <b>Breakfast:</b> Breakfast Pizza Bagel 100% Juice Pineapple Milk  <b>Lunch:</b> Spaghetti Garlic Bread Green Beans Pineapple Milk	3 <b>Breakfast:</b> Cocoa Puffs/Fruit Loops 100% Juice Mandarin Oranges Milk  <b>Lunch:</b> Taco Salad Whole Grain Roll Corn Mandarin Oranges Milk
6 <b>Breakfast:</b> Pancakes/Syrup 100% Juice Peaches Milk  <b>Lunch:</b> Sausage Gravy on WG Biscuit Tater Tots Yogurt Peaches Milk	7 <b>Breakfast:</b> Pop Tart Yogurt 100% Juice Applesauce Milk  <b>Lunch:</b> GS- Uncrustable, Carrots, Chips, Apple Slices, String Cheese & Milk JH/HS- Baked Potato Bar, Roll, Apple Slices & Milk	8 <b>Breakfast:</b> Apple Strudel String Cheese 100% Juice Mixed Fruit Milk  <b>Lunch:</b> Chicken Fajitas Cheese/Chips Corn Mixed Fruit Milk	9 <b>Breakfast:</b> Breakfast Wrap 100% Juice Pineapple Milk  <b>Lunch:</b> Sheppard's Pie Biscuit Pineapple Pudding Milk	10 <b>Breakfast:</b> Cinnamon Toast Crunch/Lucky Charms 100% Juice Mandarin Oranges Milk  <b>Lunch:</b> No Lunch Out @11:20
13 <b>Breakfast:</b> French Toast/Syrup Pears 100% Juice Milk  <b>Lunch:</b> Pulled Pork/Wg Bun Chips Corn Peas Milk	14 <b>Breakfast:</b> Lucky Charms/Cinnamon Toast Crunch Applesauce 100% Juice Milk  <b>Lunch:</b> Thanksgiving Meal Turkey, Mashed Potatoes/Gravy,WG Roll, Green Beans, Applesauce,Pumpkin Pie & Milk	15 <b>Breakfast:</b> Breakfast Pizza 100% Juice Mixed Fruit Milk  <b>Lunch:</b> Chicken Nuggets Mashed Potatoes/Gravy Peas Peaches Milk	16 <b>Breakfast:</b> Scrambled Eggs/Toast 100% Juice Mixed Fruit Milk  <b>Lunch:</b> K-5- Ham Sub JH/HS-Subway Sandwich Carrots/Ranch Chips Mixed Fruit Milk	17 <b>Breakfast:</b> Pancake & Sausage on Stick 100% Juice Mandarin Oranges Milk  <b>Lunch:</b> K-5- Pepperoni Pizza JH/HS- Pepperoni Pizza or BBQ Chicken Pizza Salad Teddy Grahams Mandarin Oranges Milk
20 <b>Breakfast:</b> Cocoa Puffs/Lucky Charms 100% Juice Peaches Milk  <b>Lunch:</b> Hamburger/WG Bun Potato Wedges Green Beans Peaches Milk	21 <b>Breakfast:</b> Blueberry Muffin String Cheese Applesauce 100% Juice Milk  <b>Lunch:</b> Bosco Stick Corn Marinara Sauce Applesauce Milk	22	23	24
27 <b>Breakfast:</b> Cereal Bar 100% Juice Yogurt Pears Milk  <b>Lunch:</b> Chicken Parmesan Peas Pears Milk	28 <b>Breakfast:</b> Waffle/Syrup 100% Juice Applesauce Milk  <b>Lunch:</b> Redbird Bowl(Mashed Potatoes, Gravy, Corn, Popcorn Chicken & Cheese) Biscuit Applesauce Milk	29 <b>Breakfast:</b> Mini Donuts 100% Juice Mixed Fruit Milk  <b>Lunch:</b> Chili Grilled Cheese Mixed Fruit Milk	30 <b>Breakfast:</b> Sausage & Gravy on WG Biscuit 100% Juice Peaches Milk  <b>Lunch:</b> Walking Tacos(Meat & Cheese) Corn Chips Corn Refried Beans Peaches Milk	1 <b>Breakfast:</b> Bagel/Cream Cheese Mandarin Oranges 100% Juice Milk  <b>Lunch:</b> Pizza Casserole Green Beans Cottage Cheese Mandarin Oranges Milk