

Menus

School: Virginia Elementary School

Academic Year: 2023-24

Meal: All

Month: September 2023

September				
M	Tu	W	Th	F
28 Breakfast: Nutri Grain Bar Yogurt Pineapple 100% Juice Milk Lunch: Hot Ham & Cheese/WG Bun Chips Carrots Pineapple Milk	29 Breakfast: Breakfast Pizza Bagel 100% Juice Mandarin Oranges Milk Lunch: Hamburger/WG Bun Potato Wedges Mixed Veggies Mandarin Oranges Milk	30 Breakfast: Waffle/Syrup 100% Juice Mixed Fruit Milk Lunch: Pulled Pork/WG Bun Tater Tots Green Beans Mixed Fruit Milk	31 Breakfast: Scrambled Eggs/Toast 100% Juice Pears Milk Lunch: Walking Tacos(Meat & Cheese) Corn Chips Refried Beans Corn Pears Milk	1 Breakfast: Lucky Charms/Cocoa Puffs 100% Juice Applesauce Milk Lunch: No Lunch Out @ 11:20
4	5 Breakfast: Cinnamon Roll 100% Juice Mixed Fruit Milk Lunch: Hot Dog/WG Bun Chips Baked Beans Pears Milk	6 Breakfast: Pancakes/Syrup 100% Juice Applesauce Milk Lunch: Tenderloin/WG Bun Potato Wedges Green Beans Pineapple Milk	7 Breakfast: Cinnamon Toast Crunch/Fruit Loops 100% Juice Pears Milk Lunch: Cheese Pizza Salad Applesauce Milk	8 Breakfast: Sausage & Gravy with Biscuit 100% Juice Pineapple Milk Lunch: Chicken Wrap Carrots/Ranch Mixed Fruit Milk
11 Breakfast: Bagel/Cream Cheese 100% Juice Mixed Fruit Milk Lunch: Chicken Fajitas Refried Beans Chips & Cheese Mandarin Oranges Milk	12 Breakfast: Breakfast Pizza 100% Juice Pineapple Milk Lunch: Redbird Bowl(Mashed Potatoes,Brown Gravy, Corn,Popcorn Chicken & Cheese) Biscuit Mixed Fruit Milk	13 Breakfast: Fruit Loops/Cocoa Puffs 100% Juice Mandarin Oranges Milk Lunch: Grilled Chicken/WG Bun Potato Wedges Peas Applesauce Milk	14 Breakfast: Pop Tart Yogurt 100% Juice Pears Milk Lunch: Goulash Garlic Bread Green Beans Pears Milk	15 Breakfast: French Toast/Syrup 100% Juice Applesauce Milk Lunch: Chef Salad(Lettuce,Cheese, Meat,Tomatoes & Cucumbers) Carrots/Ranch Bread stick Grapes Milk
18 Breakfast: Sausage & Cheese Biscuit 100% Juice Pears Milk Lunch: Sausage gravy with Biscuit Tater Tots Yogurt Pineapple Milk	19 Breakfast: Cinnamon Toast Crunch/Lucky Charms 100% Juice Applesauce Milk Lunch: Pulled Pork Nachos Black Beans Corn Applesauce Milk	20 Breakfast: Apple Strudel String Cheese 100% Juice Mixed Fruit Milk Lunch: Country Fried Steak Mashed Potatoes/Gravy Green Beans Pears Milk	21 Breakfast: Breakfast Calzone 100% Juice Pineapple Milk Lunch: Chicken Alfredo Bread Stick Salad Mixed Fruit Milk	22 Breakfast: Cocoa Puffs/Fruit Loops 100% Juice Mandarin Oranges Milk Lunch: Ham & Cheese Sub Sun Chips Carrots/Ranch Mandarin Oranges Milk
25 Breakfast: Lucky Charms/Cocoa Puffs Pineapple 100% Juice Milk Lunch: Spaghetti Garlic Bread Peas Mandarin Oranges Milk	26 Breakfast: Breakfast Pizza Bagel 100% Juice Mandarin Oranges Milk Lunch: Hamburger Ponyshoe Green Beans Pineapple Milk	27 Breakfast: Waffle/Syrup 100% Juice Mixed Fruit Milk Lunch: Chili Corn Bread Applesauce Milk	28 Breakfast: Scrambled Eggs/Toast 100% Juice Pears Milk Lunch: Tacos(Meat & Cheese) Corn Spanish Rice Mixed Fruit Milk	29 Breakfast: Chocolate Chip Muffin Yogurt 100% Juice Applesauce Milk Lunch: Pepperoni Pizza Salad Pears Milk